

# पढ़ो और बढ़ो

शैक्षिक रूप से कमजोर बच्चों को उपचारात्मक शिक्षा देने हेतु कार्यक्रम

जुलाई-2014

संस्करण:1, अंक: 2

इस अंक में-

- झाबुआ जिले में पढ़ो और बढ़ो की कक्षाएं प्रारंभ
- पढ़ो और बढ़ो की कक्षाओं का निरीक्षण
- आदिवासियों के घर-घर जाकर महिला शिक्षिकाओं ने लोगों को शिक्षा के प्रति किया जागरूक
- झाबुआ के सूदूर गांवों में आरोह फाउंडेशन की पहुंच



आरईसी-सीएसआर की एक पहल



>k'k'v'k ft yseai <ks v'k'j' c<ks dh d {kk, a'çkj h'k

e/; çn'sk ds>k'k'v'k ft yseav'k'j' b' h' ¼ jy byDVfQd's ku d, i k'j's ku fyfeVM ½ v'k'j' v'k'j'g' QkmM's ku d's l a' ç' ç; kl' l' s' l' p'k'f'yr i <ks v'k'j' c<ks dk; D'è dh d {kk, a>k'k'v'k fodkl [k'k' d's 34 p; fur çk'F'k'fed fo | ky; k'æa' L'F'k'f'ir fd, x, 50 d'bh'æa'çkj h'k g'p' çk'F'k'fed 'k'k'y'k'v'ka eai <ks v'k'j' c<ks dh d {k'k'v'ka dk l' p'kyu n'ki g'j' 2 l' s'5 c't'srd fd; k' t'k' j'g'k g'ð bu d {k'k'v'ka d's l' p'kyu d's fy, d'E; f'u'V'h' f' f'k'f'k'd'k'v'ka d'k p; u' fd; k' x; k' g'ð f't'U'g'a'1 e'k'g' d'k fo' k's'k' ç'f' k'f'k'k' n'ç'j' fo' k's'k' i ) fr l' s'c'p'p'ka d's i <ks v'k'j' c<ks dk; r's' k'j' fd; k' x; k' g'ð f' f'k'f'k'd'k' c'p'p'ka d's mud'k' i k' B'f' D'è x'r'f'of'k' d's v'k'k'j' i j' i <k, a'ç' f't' l' l' s'c'p'p's'vi' us fo'k'; d'ks [k'ç' & [k'ç' eav'k' l' kuh l' s' l' e> l' d'æ' ç'f' k'f'k'k' eaf' f'k'f'k'd'k'v'ka d'ks c'p'p'ka dh ekuf' d' f' l' F'k'f' l' e> us v'k'j' mul' s'c'r'k'b' d'j'us d's ç'k'j' eac [k'ç' ç'f' f'k'f'k'v'ka d'k; k' x; k' g'ð f' f'k'f'k'd'k' v'uh d'f'k' eabl' ç'k' d'k i j'k' /; ku j' [k'r'h' g'ð' fd' og' c'p'p'ka dh {k'k'v'ka d's /; ku eaj [ks v'k'j' c'p'p'ka dh n'k'r' ç'ud'j' m'lg'a' i <æ'k' f'l' [kk, A



i <ks v'k'j' c<ks d {k'k'v'ka eai c'p'p'ka d's i <kr'h' f' f'k'f'k'd'k'

i <ks v'k'j' c<ks dh d {k'k'v'ka dk f'uj'h'k. k

: jy byDVfQd's ku d, i k'j's ku fyfeVM }k'j'k' çk'F'k'fed L'ny'k'æ'p'y'us'ok'y'i i <ks v'k'j' c<ks dh d {k'k'v'ka dk f'uj'h'k. k fd; k' x; k'a' 21 v'x' l'r' l' s'23 v'x' l'r' rd' f'uj'h'k. k d's n'ç'j' ku v'k'j' b' l' h, y' v'f'k'd'k'j'h' J'h' t'h, l' ç'ur'j'k' ¼ v'f'k'd'k'j'h' H'k'k'i' k'y ; f'u'V'½ J'h' l' ç'ur'is' p'v't'h'z' ¼ e'q'ç; i f'j; k's't'uk' ç'ç'ak'd' H'k'k'i' k'y ; f'u'V'½ J'h' e'k'q' mu' B'k'd'j' ¼ v'f'k'd'k'j'h' Q'k'b'ud' , M' , d'k'm'ð' / f'n'y'Y'h' d'k; k'ç' / ½ us i <ks v'k'j' c<ks dk; D'è dh d {k'k'v'ka dh f'ux'j'ku'h' dh l' k'f'k' gh' d'E; f'u'V'h' e'ah'h'k' y'k's'k'æ' l' s'c'r' d'h'a' c'k'm'æ' c'm'æ' x'k'æ' eav'k; k's't'r' d'E; f'u'V'h' e'ah'V'æ' eai J'h' t'h, l' ç'ur'j'k' v'k'j' J'h' l' ç'ur'is' p'v't'h'z' us x't'eh. k'k'a' d's v'k'j' b' l' h, y' d's ç'k'j' s'ea' ç'rk; k' l' k'f'k' gh' c'p'p'ka d's fy, L'ny' eai <k, t'k'us'ok'y's' i <ks v'k'j' c<ks dk; D'è d's ç'k'j' s'ea' x't'eh. k'k'a' l' s'm'ud'h' j'k; e'k'ach' o' m'lg'k'æ'us' c'p'p'ka d's i <ks v'k'j' c<ks d'æ'æ' i j' fu; fer' i <kb'z' d's fy, H'k's't'us' dh' H'h'k' ç'k'r' d'gh'a' d'E; f'u'V'h' e'ah'V'æ' d's ç'k'n' v'f'k'd'k'f'j; k'æ'us' ç'k'm'æ' c'm'æ' x'g'y'j' c'm'æ' Ø'ek'æ'd' & 2] e'k's't'hi' k'm'æ' p'k'j'k's'y'hi' k'm'æ' n'ç'f'>j'h' Q'iv' / k'j' i j'o'v' t'y'ok'f'u; k'j' <ç'j' N'k's'h' v'k'j' fe. My çk'F'k'fed L'ny' eai p'k'f'yr i <ks v'k'j' c<ks d'æ'æ' dh f'ux'j'ku'h' dh'a' c'p'p'ka dh l' h' [k'us' dh' {k'erk' d'ks' n'ç'j'k'd'j' v'f'k'd'k'f'j; k'æ'us' [k'q'k'h' t'k'f'g'j' dh'a' f'uj'h'k. k' d's v'U'r' eai J'h' t'h, l' ç'ur'j'k' us i <ks v'k'j' c<ks dk; D'è d's ç'k'j' s'ea' vi' uk' l' ç'ko' n'r's'g'q' d'g'k' fd' & p'c'p'p'ka eai h' [k'us' dh' {k'erk' ç'g'r' v'f'k'd' g'ð' b' l' fy, f' f'k'f'k'd'k'v'ka d's c'p'p'ka d's l' k'f'k' ?k'y' & f'e'y'd'j' mud'k' n'k'r' ç'ud'j' i <æ'k' p'k'f'g', A b' l' l' s'c'p'p'k' f' f'k'f'k'd'k' dh' ç'k'r' d'ks' v'k' l' kuh l' s'ek'us'k' v'k'j' f' f'k'f'k'd'k' }k'j'k' l' e> k, x, fo'k'; d'ks' ç'g'r' /; ku l' s' i <s'x'k'æ' b' l' f'uj'h'k. k' d'k; D'è eai <ks v'k'j' c<ks i f'j; k's't'uk' ç'ç'ak'd' v'h'k; f=i' k'bh' f't'y'k' l' ello; d' v'k' k'h'k' H'k'è'k'p'k; z't'h' o' l' q' j'ok'b'z't'j' g'j'h'k' ; k'no' e'k's't'w' F'k'æ



c'k'o'm'æ' c'm'æ' x'k'æ' eai x't'eh. k'k'a' l' s' : c' : g'k'r's' v'k'j' b' l' h, y' v'f'k'd'k'j'h'



i <ks v'k'j' c<ks d'æ'æ' d'k' f'uj'h'k. k' d'j'r's'g'q'

### i <ls vj c<ls d bækai j Lorærk fnol dh /kæ

680æ Lorærk fnol dsekds ij : jy byDVfQds ku d, i kjs ku fyfeVM+ vj vjkg QkmMS ku ds la q ç; kl l s l pkfy dk; Dæ i <ls vj c<ls d l Hk d bækai j Lorærk fnol /kæ & /kæ l seuk; k x; kA pkjSyhi kMk fLFkr çkFfed fo |ky; ij l çg 7-30 cts ipk; r l jip Jh l arwekMk }kj /otkjkg.k ds ckn

cPpka us jk"Vxku o l j Lorh olnuk çLrç fd; kA ullgacPpka us bl ekds ij l kl—frd dk; Dæ vj ns kHfä xhr Hk çLrç fd, A dk; Dæ eafgLI k yusokys cPpka dh gk yk vOt kbz ds fy, vjkg QkmMS ku dh rjQ l scPpka dks ij Ldkj Hk forfjr fd; k x; kA dk; Dæ ds vlr eacPpka dks feBkbz, kaHk çk/h xbA



Lorærk fnol ds vol j ij pkjSyhi kMk çkFfed fo |ky; ea/otkjkg.k

### g"kkYkl l seukbzxbz tUek"Veh

Jh—.k tUek"Veh ds vol j ij >kcqk fLFkr i <ls vj c<ls d bækai j tUek"Veh dk iozçg /kæ & /kæ l seuk; k x; kA bl vol j ij cPpka ds fy, eVdh Qkm+çfr; kfxrk vk; kftr dh xbA pkjSyhi kMk çkFfed fo |ky; ds cPpka us beVdh QkmMS+çfr; kfxrk eafgLI k fy; kA eVdh Qkm+çfr; kfxrk l s igys f'kf{kdk dYiuk o jkxh o jft; k djs kh us cPpka dks —.k tUek"Veh ds çkjs ea tkudkj nhA çfr; kfxrk ea thrusokys rhl jh d{kk ds Nk= jkdsk dk mRl kg o/kL ds fy, ij L—r fd; k x; k l kfk gh cPpka dks dk; Dæ ds vlr feBkbz, kaHk çk/h xbA



eVdh Qkm+çfr; kfxrk eafgLI k yrs i <ls vj c<ls yHkHkFkA

### xfrfof/k vk/kkfjr , d fnol h; çf' k{k.k dk; Dæ

çkFked Ldnykaeai <usokys igyh l srhl jh d{kk dscPpka dks i <kus ds fy, e/; çns k 'kkl u }kj k xfrfof/k vk/kkfjr f' k{k.k ¼ -ch-, y-½ i kBi Dæ l pkfy fd; k tk jgk gA bl h Dæ ea i <ls vj c<ls f'kf{kdkvka dks Hk 18 vxLr dks, d fnol h; , -ch-, y- çf' k{k.k fn; k x; kA Jh dnyhi fl g i dkj YekLVj Væj ½ usf' kf{kdkvka dks çf' k{k.k nrsgq cPpka dks xfrfof/k ds vk/kkj ij o.kækyk vj fuxrh i <kus ds rjhd sfll [kk, A cPpka dh ekuf d fLFkr l e>uso f'kf{kdk dk cPpka ds çfr 0; ogkj djus ds rjhd dks xfrfof/k ds tfj, fl [kk; kA



f'kf{kdkvka dks, -ch-, y- dk çf' k{k.k nrseklVj Væj Jh dnyhi fl g i dkj



## लभार्थी की कहानी

fodkl eMkM ejh d{kk dk rhl jh dk Nk= gA fodkl dsfi rkth dk uke Jh /kæfl g eMkM gSVk osbv/ cukusdk dke djrs gA fodkl dk , d cMk HkkbZHKH gA tc eSi gyh ckj fodkl l sfeyh rkeq-syxk] fd og i <useafcydy Hkh vPNk ughagkxk] yfdu /khj&/khjs tc eus ml si <kuk 'kq fd; k rksirk pyk] fd og , d l e>nkj vkj gksugkj ckyd gA ml stksHkh dke nksvPNsl sdjrk gA og i <kbZeaHkh vPNk gA yfdu fodkl ds?kj dh fLFkr dN Bhd ughag] ml dsikik tksdekrsg] ml s?kj eaughans} ftl dsdkj .k ?kj dh dN ftEenkfj ; ka dk Hkkj ml ij Hkh gA ml sjkstkuk l qg mBuk i Mfk gsrFk vi usfi rkth dh enn Hkh djuh i Mfh g] og vi usfi rkth ds l kFk bV/ dks l kpkseaMkyusdk dke djrk gSVk l kFk gh l kFk l e; ij Ldny Hkh tkrk gA vf/kd l e; u gksusdsdkj .k og d{kk eafcuk ugk; shkh vk tkrk gSVk dHkh& dHkh dke dh otg l sog Ldny ughavk i krkA , d fnu eusfodkl dsekrk&fi rk l sfeyusdk fu .kz fd; kA tc eamI ds?kj i gph] rkeusmudsekrk&fi rk dks l e>k; k fd oksml dksLdny jkstkuk i <usHkstsvk] l kFk gh ml dscMshkbbZdksHkhAfodkl FkkMk l k 'kjjkrh Hkh g] tc fodkl d{kk eavk; k rkeusml sl cl sigyso .kkyk dk Kku fn; k vkj fofHku cdkj l sml sfl [kk; kA os srks og i <kbZeaBhd g] fl QZml sfu[kkjusdh t: jr g] rkd ml dh {kerk fu[kj dj ckj vk, A gj cPpk dN u dN vk'kk, a j [krk g] exj muea l sdN&, d gh mlga i jk dj i krs g] D; kkd mlgaviuh cfrHk fu[kkjusdk ekdk ughafey i krk vkj tc mudh vk'kkvkdksdkbz i d{kk yxkusokyk fey tkrk g] rksoscl viuh mMeu Hkj yrs gA d{kk dsnkj ku ml stks l e>k; k tkrk] ml sog cgr vPNsl sdjrk vkj ?kj eaHkh nkgjkrkA bl i ifr dsek/; e l sfodkl eadkQh i fjorZu vk; k vkj l kFk gh fodkl dsekrk&fi rk Hkh i <kbZ l svoxr gq A



fodkl eMkM yHkFkFkZ i <ks vkj c<ks cLFfed 'kkyk pjksYhi kMk] >kcprk

### dlp; ka fdl h dks mMus l s D; k [ktd jkdkh

tk i d{kk l s ugha gk yb l s mMe djrs gA dN , d h gh dgkuh gS Nks/w dh& Nks/w>kcprk ftysds Nks/h <sj xkø eajgrk gA cpiu eagh Nks/wdsfi rk dk ngkUr gksx; k ftl dkj .k ml svPNh ijofj 'k ughafey l dhA Nks/wds tle dsdN l e; ckn gh ml dh eka dk Hkh ngkUr gksx; kA , d seavc og vi usnkh ds l kFk jgusyxA vukFk gksusdsdkj .k Ldny ea l Hkh cPpsml scgr ijs kku djrs FkA bl dkj .k og Ldny vkus l shkh MjusyxkA i <ks vkj c<ksf' kf{kdk fLerk dus k dksbl cPpsdsckjsea tc i rk pyk rksog ml dsnkh l sfeyh vkj mlgaHkjkd k fnykdj Ldny eaydj vkbA Nks/wviuh d{kk eacgr 'kkr cBk jgrk FkA yfdu ml si <ks vkj c<ks dh d{kk ea/khj&/khjsetk vkusyxA f'kf{kdk usml dh l Hkh cPpkal snkLrh djok nhA vc l Hkh cPpsNks/wdksvi uk nkr ekursgA Nks/wdksHkh Ldny eacgr vPNk yxus yxk gA og nll jh d{kk eai <+jgk gA f'kf{kdk ml sLoj 0; atu vkj ml sviuk uke fy[kuk crk fn; kA Nks/wdh nkh vi us i krs dks i <rk ns[kdj cgr [kdk gksh gA



Nks/wfuuek yHkFkFkZ i <ks vkj c<ks Nks/h <sj] >kcprk

### fl rEcj ekg eagkusokysdk; Øe o xfrfof/k&

- 2000 ykHkFkZ; ka dk ekfl d V&V
- 4 fl rEcj& l Hkh i <ks vkj c<ks d{baeka i j f'k{kdk fnol ds mi y{k eadk; ØeA
- 08 fl rEcj& fo' o l {krk fnol & ds vol j ij i <ks vkj c<ks dh f'kf{kdkvka}kj k xteh .k efgykvkdks l k{kj d jusdk ç; kl
- 27 fl rEcj& fu%k'd LokLF; tkp dñ dk vk; kst u
- 30 fl rEcj& {kerk of) dk; Zkkyk %CBW½