



आजीविका

(विरोष परियोजना)



(आरोह फाउंडेशन द्वारा संचालित, भारतीय विकास मंत्रालय, भारत सरकार की योजना)

xjhchj{ kksdshps; qd&; qfr; kksdy, jkt xkj i kusdk l ugjkvol j

I Edj . k 05 & vxLr 2013

g"Kkyl I seuk; k x; k
Lorark fnol

6708 Lorark fnol ds ekds ij vkkjk QkmMsku }jkj I plkyr vkkjk&vkkjkfdk
yo"ksk i f; kstukz c'k{k.k dñae ij Lorark
fnol cmshk&hke I seuk; k x; kA nsk Hkfä
vkj jk"Vh; Hkkouk I shkjsq xkeh.k ; plkyr
dsvlñj dñ , s h gh >yd Lorark fnol
ds fnu nkus dks feyha cny [km vls
fcglkj] >j [km dsfofkklu ftyleaplyk, tk
jgs vkkjkfdk yo"ksk i f; kstukz c'k{k.k
dñae ij Lorark fnol dsvol j ij dk; Øe
vk; kstr fd; k x; kA

ckdkjksfLkr c'k{k.k dñae ij fi . Mktjk
xte i pk; r dsef[k; k Jh xljkpn egrksus
/otlkjk.k fd; kA bl ds ckn ykkkFkZ ka us
I kl-frd dk; Øe vls nsHkfä xtr çLr
fd, A dk; Øe eaykkkFkZ kdkls l ck{k.k djrs
gq xljkpn egrksus dgk fd& p vkt bl
Lorark fnol dsvol j ij ge l cdk; g
'ki Fk ysh gkxh fd ftys l scjkst xkjh dks
nj djus ds fy, ijh fu"Bk o yxu l s
c'k{k.k ysh gkxh ft l l scf'k{k.k cktr l Hkh
ykkkFkZ kdkscgrj jkst xkj fey l dsvls
xjhch nj gksl dAB ckdkjksLorark fnol
dk; Øe l Vj l pkyd f=ijkjh nukk dh
n{ek&j{ek eavk; kstr fd; k x; kA

bl vd es

- g"Kkyl I seuk; k x; k Lorark fnol
- ykkkFkZ ka dk , DI i kstj foftV
- ykkkFkZ ka dks cek.ki = dk forj.k
- ykkkFkZ ka dñ (kerk of) ds fy,
dk; zkkjk dk vk; kstu
- ykkkFkZ dñ dye l s & çfrekj d'.kdkur
y{ehdkar
- ehM; k es vkkjk&vkkjkfdk yo"ksk
i f; kstukz



I xkj ftys ds chuk c'k{k.k dñiz ij Lorark fnol ds vol j ij
/otlkjk.k djrs ej; vfrffk Jh bñnj fl g

bl h Øe eagtkjckx o cny [km dschuk]
nekg vls Vhdx <+dñae ij Hkh Lorark
fnol ds vol j ij dk; Øe vk; kstr
fd; k x; kA chuk fLkr c'k{k.k dñae ij
/otlkjk.k tui Fk I Lfk dsu/; {k Jh bñnj
fl g Bkdj }jkj fd; k x; kA Jh Bkdj us
Lorark fnol ds ekds ij ykkkFkZ ka ds
mTtoy Hkfo"; dh dkeuk dh vls mlg
jkst xkj l s tMsdsfy, cfjr Hkh fd; kA
chuk dñae ij Lorark fnol dk; Øe l Vj
l pkyd l mhi /kdkM+}jkj vk; kstr fd; k
x; kA

gtkjckx dñae ij ej; vfrffk Jherh
jI hnk [kydk {jkj /otlkjk.k ds ckn
vkl & ikl dsxlo estu&tlx: drk vfrffk; ku
fd; k x; kA bl vfrffk; ku dk ej; mís;
ftysel Hkh chih, y cjkst xkj kdksc'k{k.k
l stkM+ej mlgajkst xkj fnyk; k tk, A ogka
Vhdx <+dñae ij Lorark fnol dk; Øe
vfer vxpky o nekg c'k{k.k dñae ij



nekg vkkjk&vkkjkfdk c'k{k.k dñiz ij
jkVxku çLr ejrs ykkkFkZ

yHkkfZksdk , DI i k\$oftV

ckdkjks fLFkr vkjkg&vktlfodk 1fo'ksk i fj ; kstukl fi . Mktljk çf'k{k.k dñae i j 22 vxLr dks,g,fLi VsyVh VM eaqf'k{k.k çklr yHkkfZk ldkdk; ZFky dskjseacrkusds fy, gky y xlMu Vifiyi] jkph ea, DI i kstj foftV dk vk; kst u fd; k x; kA bl dk mnas; yHkkfZk ldkdkçf'k{k.k dsl kFk&l Fk mlgd dk; ZFky dskjseacrk voxr djuk FkA dk; ZFky i j yHkkfZk ka dks tkudkjh nrsqg Jherh fn0; k ¼ pvkj , DTD; 1fo'usyHkkfZk ldkdkscrk; k fd & vfrfFk gekjk nørk gA l cl s i gysbl ckr dks/; ku ea j [kdj dke djuk pkfg, A fd l h Hkh vfrfFk l sl Eeku i wld ckr djuh pkfg, o mudks vki l sfdl h Hkh çdkj dh v l fo'kk uk gksbl ckr dks/; ku ea j [uk pkfg, A bl dskn Jherh fn0; k us yHkkfZk ka dks gky y vks

yHkkfZksdkçek.ki = dk forj.k

Nrjij] l kxj vks nekg ftys ea çek.ki = dk forj.k

68 yHkkfZk ks dks feyk çf'k{k.k dk çek.ki =

vkjkg QkmMs'ku }jk k l pkfyr vkjkg&vktlfodk 1fo'ksk i fj ; kstukl ds Nrjij] chuk ¼ l kxj½ vks i Fk; k ¼nekg½ fLFkr çf'k{k.k dñae l s l YI &fj Vsy vks eYVhfLdyM rduhf'k; u VM eaqf'k{k.k

ogkai j ekstn l fo'kkvads ckjs ea crk; kA yHkkfZk dk; ZFky dksn[kdj dkQh mRl kfgr fn[kA bl ckjs ea yHkkfZk eukst dñekj crkrs g& pge ykska dks ; gka i j vkdj cgf' vPNk yxkA Dykl ea ge ykska dks tks i <k; k x; k Fk vkt ml dks ns[kusdksHkh feykA gescgf' [kA kh gksjgh gSfd , d fnu ge yks Hkh , d h txg i j vkdj ukdjh djxkAB



, DI i kstj foftV ds nkjku gkfli VsyVh VM eaqf'k{k.k çklr ckdkjks dñnz ds yHkkfZk

; g fuf'pr : i l s jk"Vfgr ea u dne gAB

yHkkfZk ka dks fy, ; g , DI i kstj foftV g,fli VsyVh ds Vuj fojtae dñekj }jkj vk; kstr fd; k x; kA bl foftV eadg 30 yHkkfZk kaufgLk fy; kA

çklr dy 25 yHkkfZk ldkdkçek.ki = forfjr fd; k x; kA

I kxj ftys dskn chuk fLFkr çf'k{k.k dñae i j çek.ki = forj.k dk dk; Øe 27 vxLr dks vk; kstr fd; k gA ; gkal sdg 21 yHkkfZk ka dksçek.ki = o foftklu dñfu; kaeavPNsekfI d orsu i j ukdj h Hkh egS k djkbz xba

Nrjij ftys ea vk; kstr dk; Øe es l YI &fj Vsy o eYVhfLdyM rduhf'k; u VM ds 13o cfo ds 22 yHkkfZk ka dks çek.ki = forfjr fd; kA bl h Øe ea i Fk; k ¼nekg½ fLFkr vktlfodk çf'k{k.k dñae i j Hkh yHkkfZk ka dks çek.ki = forfjr fd; k x; k o mudks



çf'k{k.k çek.ki = fn[kyksr chuk çf'k{k.k dñnz ds yHkkfZk

fnYih , ul hvkj ea ukdjh ds dju ds fy, , d tlx: drk dk; Zkkyk dk Hkh vk; kst u fd; k x; kA

yHkkfZksdh {kerk of) dsfy, dk; Zkkyk dk vk; k\$u

vkjkg&vktlfodk 1fo'ksk i fj ; kstukl ds dksçek.ki = forj.k dk; Øe dsrgr çf'k{k.k çklr 45 yHkkfZk ldkdk {kerk of) dsfy, nekg fLFkr i Fk; k dñae i j dk; Zkkyk dk vk; kst u fd; k x; kA bl dk; Zkkyk ds tfj, yHkkfZk ldkdkj kst xkj l si wld mudk 0; färo fodk dju FkA dk; Zkkyk ea yHkkfZk ka dks l k{kRdkj ds nkjku fd l rjg ds i gukok gkuk pkfg,] l k{kRdkj



dk; Zkkyk ea yHkkfZk ka dks tlx: d djrs nekg dñnz ds l Bvj l pkyd l kgw yky

yus okys l s fd l rjg l knxh l s i sk vkk pkfg, o viuk i fjp; bl rjg l s nsuk pkfg, ft l l s l k{kRdkj drk dksvki vi us tok l s l rjV dj l dñl l dk gh jkst xkj l si wld yHkkfZk ldkdkvi usxk l s 'kgj tkdj jkst xkj dju l s i wld eq; t: jr dh l keku dks l dk j [kusdskj s esHkh crk; k x; kA bl dsmijWur , e, l Vh o l YI &fj Vsy VM dsyHkkfZk ldkdkvi vkrfo'okl i sk dju ds fy, muds VM l s tMsfo"k; i j l Hkh yHkkfZk ldkdk , d fo"k; fn; k x; k Fk ft l l sog vi us VM ds ckjs ea fcuk fd l h f>>d ds vkl kuh l svilh crk j [k l dñl



लाभार्थी की कलम से

ejk uke çfrek gA eñ, d NkñsI sxñò cñpkj ds, d xjhc i fjokj dh jgusokyh gA ejjsi rkth [krh djdsi fjokj dk Hkj .k&i ksk.k djrs gA xñò dsvkl & i kl jkst xkj dk dkbzL=kr uk gksuI sfir th usxñò eagh jgdj nñ jkads [krkaesetnijh djdsep*s*i <k; kA 12ohadh i <kbzijh djusdsckn fi rk th usejh i <kbzcln djk nhA mlggj oä ejh 'kknh dh fpurk yxh jgrh Fkh yfdu eñ?kj dh cmk cñh gksudsckj .k vi usdrD; kdkfsfukuk pkgrh FkhA eñvi usi skaij [kmk gkdj vi usek&cki dk I gkj cuuk pkgrh Fkh yfdu eñsxñò eñjgdj vlxsc<usdk dkbzjkLrk ughafn [krk FkhA i jUrqtgk pkgrh gS ogkajkg gkrh gA , d fnu eñsvkjkg QkmMsru }jik I plkyr vktfodk ½o'ksk i fj; kstuñdsckjseairk pykA eñsçf'k{k.k dñae ij tkdj tkudjh tlykbzrksogla3 ekg dsçf'k{k.k dsckn jkst xkj I stMsu dh ckr I pñdj eñsvlxsc<usdh , d mEhn fn [kbzñusyxhA vxysfnu eñsvi usfi rk I sckr djdsçf'k{k.k dñae ij Vñuñ yus tkusyxhA ejk jftLVñku vkbzLbñ, I VM eaqyñ tgkaij eñsdñ; Vñj] bñy'k vñj 0; fñro fodkI dsckjseairk; k tkra gA eñsmEhn gs fd eñ; gkal scf'k{k.k yusdsckn dghavPNh txg ij jkst xkj d: akh vñj vi usek&cki dsI uka dksijjk d: akh



çfrek

yHkkFkh vijkg&vktfodk
Nrjij

ejk uke —".kdkr gA ejjsi rk th dk uke fuHkZ fl g jk; gA ejh ekrk dk uke eerk jk; gA eñxte fgxVh dk jgusokyk gA ejjsi rk th , d etnj gA ej?kj eñNg I nL; gA ejh nkscgu, d Nkñk HkkbZvñj eñ ejk ifjokj fir th dekbzij fuHkZ gA ifjokj cmk gksudsckj .k fir th ?kj [kpZugha I Hkj i krstfI dkj .k gj oä ?kj eadig gkrk jgrk gA vktfodk vñkko dsdkj .k eñfl QZ8ohadh rd dh i <kbz dj I dkA eñsmEhn Hkj ughafk fd eñHkj dHkj jkst xkj d: akA eñshk yxrk Fkh fd eñHkj vi usfi rk dh rjg vi usxñò i j gh etnjh djrk jg tkmakA yfdu ejsl i usdkI dkj fd; k vlijkg QkmMsru uA , d fnu eñsvkjkg QkmMsru dsckjseairk pyk tkschh, y yHkkFkh kdkfsj jkst xkj fnykusdsfy, vktfodk ½o'ksk i fj; kstuñdk I pkyu gekjsftyseadj jgh FkhA eñsçf'k{k.k dñae ij tkdj vi uk , Mfe'ku , e, I Vñ VM eadjo; kA vñj ogkal s3 ekg dsI Qy çf'k{k.k dsckn ejh uk&djh i hreij eayxokbZxbZtgkaij eñsñ500 #i ; seklI d oru fey jgk gA eñsvkjkg QkmMsru }jik ul&djh i j yxusdsckn 2000 #i ; svktfodk I gk; rk jkf'k Hkj feyH A eñvjkjg QkmMsru dk gkfnñd vñkkjh gñfd mlggus eñsbl dkfcy cuk; k fd eñHkj ul&djh dj jgk gñvñj vi usifjokj dk I g; kx dj jgk gñ i gysejsxñò eayks eñsgs -f'V I snkrfs yfdu tcl señkñj dh usyxk gñl c ylx eñ l sdgrs gñrñus vi usfi rk dk uke jkku fd; k gA



d'.kdkr

yHkkFkh vijkg&vktfodk
chuj I kxj

eñy{ehdkr} ve[km{k xñò dk jgusokyk gA ejjsxñò ejkst xkj dk dkbzL=kr ughagA xñò dsI Hkj yMedsi <&fy[k xñò i j gh etnjh djrs gñD; kñd u gh mudsikl dkbzvPNh i <kbzgSvñj uk gh dñ; Vñj dk Kku ftI I sog 'kjgj tkdj dkbzukbñjh dj I dñA eñHkj vi usxñò I s12ohadh i <kbzijh fd; kA i <kbz [krkaesetnijh djuk vPNk ughayxrk FkhA bl fy, eñvi us?kj i j gh cBk jgrk FkhA xñò okysfi rk th I sejh gñ h mMrksFkh eñs , d fnu vlijkg QkmMsru dsckjseairk pyk tks xñgu ty,d eñ plkyr fd; k tk jgk FkhA eñvxysfnu vi usI Hkj nLrkost dksyodj çf'k{k.k dñae ij x; k tgkaij I Vñj I plkyd usejk nkf[kyk vkbzLbñ, I VM eadjo; fy; kA vc eñjkstuk çf'k{k.k dñnz i j çf'k{k.k yusvkrk gñ xñgu I sejsxñò alh njh 10 fdesh gñvñj eñjkstuk I k; fdy I scf'k{k.k dñnz tkrk gñ eñdñae ij crk, x, I Hkj fo"k; kdkfs/; ku iñd I <fk vñj I e>rk gA eñsmEhn gs fd ; gkal sVñuñ i jh gksudsckn eñsvPNh txg ij jkst xkj feysk vñj eñvi usifjokj dk uke Åpk dj I dkA



y{ehdkr}

yHkkFkh vijkg&vktfodk
tkyñs

