



आजीविका

(विशेष परियोजना)



(आरोह फाउंडेशन द्वारा संचालित, ग्रामीण विकास मंत्रालय, भारत सरकार की योजना)

खजहज [क dsulps; षd&; षfr; लdस्य, jst xkj i kusdk l षgjkvol j

I 1dj .k 01 & vçy 2013

कस्य [कM एsvkjkg dh i गप

वजकग QkmM's'ku कस्य [कM ds नj&njkt {k-s'ka ea viuh igp LFKfir dj jgk gA vkt'hfodk 1'fo"ksk i fj; kst uk½ dsfØ; kUo; u grq vjkgg }kj k >ka h] yfyri g] gehj i g] tkyk&] Vhdex<} Nrij i g] l kxj vlg nkekg ea 18&35 o'kz ds xteh.k chi h, y ykHkFkz ka dks jst xkj i jd fu%k'Yd çf" k{k.k fn; k tk jgk gA bl dsrgr foHkuu ftyka ea çf" k{k.k dk; Døe ea ftyk Lrj ij çf" k{k.k dlbæ

LFKfir r fd; k x; k gA ; kst uk ds ykHk dks नj&njkt ds xteh.k bykdka rd i gpp kus ds fy, l Hh ftys ds foHkuu (y,d चुक] xj l jk;] dlp] ełdjk] fctkoj vlg [kj xki g] ea u, çf" k{k.k dlbæ LFKfir r fd, x, gA ft l l sT; knk l sT; knk t: jrem ykxka dks bl ; kst uk dk ykHk fey l dA

bl çf" k{k.k dlbæ ds tfj, ykHkFkz ka dks vkbv/hbz, l] fj Vsy] g, fLi Vgy Vh vlg eVh fLdyM rdulif'k; u VM ea 3 ekg dk fu%k'Yd çf" k{k.k fn; k tk jgk gA çf" k{k.k mi jkUr ykHkFkz लdks LFKkuh; Lrj o fnYyh , ul hvkj ea çkboV dA fu; ka ea jst xkj eg\$ k dj k; k tk jgk gA bl ds l kFk gh ykHkFkz लdks çf" k{k.k dlbæ ij vku&tkusdk 0; ; o jst xkj l gk; rk jk'k 2 gtj #i; s çnku dh tk, xhA



- bl vd es
- कस्य [क.M ea vjkg dh i गप
 - çf" k{k.k çkUr ykHkFkz ka dks çek.ki = çkA/s x; s
 - gehj i g] ds xteh.k bykdse a vjkg dh i गप
 - jst xkj dA dk vk; kst u
 - cgrj dk; Zdsfy, dk; Zkkyk dk vk; kst u
 - ehfM; k ea vjkgg & vkt'hfodk
 - l Qy ykHkFkz & fo/kq
 - ykHkFkz dh dye l s& ujbh] j tuh

आजीविका (विशेष परियोजना) बुन्देलखण्ड



वक्त'hfodk 1'fo"ksk i fj; kst uk½ ea u, çf" k{k.k dlbæz dks n"kkus ds fy, ekufp=

u, vjkgg & vkt'hfodk çf" k{k.k dlbæz

- vjkgg & vkt'hfodk 1'fo"ksk i fj; kst uk½ çf" k{k.k dlbæ] xytj çkx] xjkbk pl\$kgk] xj l jk;] >ka h] m-ç-
- vjkgg & vkt'hfodk 1'fo"ksk i fj; kst uk½ çf" k{k.k dlbæ] uohu eMh LFky ds l keu\$ gehj i g] jkM] ełdjk] m-ç-
- vjkgg & vkt'hfodk 1'fo"ksk i fj; kst uk½ çf" k{k.k dlbæ] çt'sojh d,yksh] dlp (y,d] tkyk&] m-ç-
- vjkgg & vkt'hfodk 1'fo"ksk i fj; kst uk½ çf" k{k.k dlbæ] M,- vej fl g Dyhfud ds mi j] fudV cl LV&M] [kj xki g] Vhdex<} e-ç-
- vjkgg & vkt'hfodk 1'fo"ksk i fj; kst uk½ çf" k{k.k dlbæ] fudV cl LV&M] [kj xki g] ekguxat] fctkoj] Nrij i g] e-ç-
- vjkgg & vkt'hfodk 1'fo"ksk i fj; kst uk½ çf" k{k.k dlbæ] edku ua&203] okMz u-&8] fl foy vLi rky ds l keu\$ [kj bZ jkM] चुक (y,d] ftyk& l kxj] e-ç-

vjkgg QkmM's'ku }kj l pkfyv vkt'hfodk 1'fo"ksk i fj; kst uk½ ds u, çf" k{k.k dlbæz dh l ph

çf'k{k.k çklr ykHkKfFkZkS dksçek.ki = çk/sx,

Vhdex<+o Nrjij dltæ ij
çek.ki = forj.k

103 ykHkKfFkZ ka dks feyk
çf'k{k.k dk çek.ki =

çny [kM dsxteh.k fodkl dsfy, pykbz
tk jgh ; kst uk vkt hfodk 1/fo'kSk i fj ; kst uk 1/2
dsNrjij vlg Vhdex<+dltæ ij 15 vçŞy
o 17 vçŞy dks çf'k{k.k dk çek.ki =
forfjr fd ; k x ; kA Vhdex<+ dltæ l s
vktbz/hbz l VM eaçf'k{k.k çklr 47 ykHkKfFkZ ka
dksçek.ki = fn ; k x ; kA Vhdex<+eaçek.ki =
forj.k tu f'k{k.k l LFkku 1/4tŞ l , l 1/2 ds
funşkd Jh jfolæ dëkj frokjh }kjk fd ; k
x ; kA Jh frokjh usykHkKfFkZ ka dksçek.ki =
forfjr dj mudsmTToy Hkfo"; dh dkeuk
dhA bl h Øe eaNrjij lFkr dltæ ij Hkh
l 1/1 o fjVsy VM ea çf'k{k.k çklr 56
ykHkKfFkZ ka dksçf'k{k.k dk çek.ki = forfjr
fd ; k x ; kA çek.ki = forj.k ds l kfk gh

ykHkKfFkZ ka dks jkst xkj dsçfr
tlx: d Hkh fd ; k x ; kA

ykHkKfFkZ ka dks l ækS/kr djrs
gg ftyk i fj ; kst uk l ello ; d
fodk'k 'kekZ us dgk fd &
bjkst xkj i kuk ftUnxh dk
l cl segROI wZfgLI k gA gea
fd l h Hkh dke dks NkS/k cMk
ugha l e>uk pkfg, A çf'k{k.k
çklr l Hkh ykHkKfFkZ ka dksfnYyh
, ul hvkj o LFkkuh; Lrj ij
jkst xkj eggS k djkbz tk, xhAB

bl vol j ij Vhdex<+dltæ
ij i fj ; kst uk l ello ; d eks
gd 1/1 l 1/2 l pkyd i d t
f}onh Vtj vfer vxkoy
o eksykbTj l rh"n nws
ekStm FkA Nrjij dltæ ij
ftyk i fj ; kst uk l ello ; d
fodk'k 'kekZ Vtj iju fl g
o eksykbTj vjfoln 'kekZ
o tpuñ vyh ekStm FkA



Vhdex<+lFkr dltæ ij çf'k{k.k dk çek.ki = fn[kkrs
ykHkKfFkZ



Nrjij ea vjkg&vkt hfodk çek.ki = ds l kfk ykHkKfFkZ

gehj i j dsxteh.k bykdsesvkjkg dh i gq

gehj i j ftysdh 2-5 yk[k vlcknh okyk
Cy,d ełdjka ; gla ij yxHkx 7000
chi h, y vlg 4000 vR; km; dkmZ/kkj d
jgrsgA ełdjka Cy,d ftysl s62 fdeh
njh ij gA bykds ds T; knkrj ykx
çjkst xkj gA ftysl snjh gks ds djk.k
bl Cy,d dk fodkl ugha gk i k ; k gS
ftl dk [kfe; ktk xkø okf l ; ka dksHkçerkuk
i Mfk gA , d txg l sni jh txg tkus
dsfy, ?k/kabr tkj dsckn l k/ku feyrk
gA çjkst xkj ds dkj.k T; knkrj ; pk
xkø ds vkl & ikl gh etnjh vlg Nks/h
nçkuka ea uk d jh djus dsetçj gA
Cy,d dh l eL; k vlg ; pkvka rd
vkt hfodk 1/fo'kSk i fj ; kst uk 1/2 ds ykHk dks
i gpkus ds fy, vjkg QkmMS ku }kjk
uohu eM/h LFky gehj i j jkM ełdjka ea
vjkg&vkt hfodk 1/fo'kSk i fj ; kst uk 1/2
çf'k{k.k dltæ LFkfi r fd ; k x ; k gA bl

çf'k{k.k dltæ ds tfj,
vkl & ikl ds xkø
nkei j ok] çd okjh]
eggkj [kMbz ykSkku]
f'kouh] xçMsyk]
fcgqhd yk] fcokj]
fpYyh o el xkø ds
chi h, y ; pkvka dks bl
; kst uk ds rgr
ykHkKfFkZor djus ds fy,
fu%kq d çf'k{k.k dltæ
[kSyk x; k gA

çf'k{k.k dltæ ds tfj,
ykHkKfFkZ ka dks fjVsy
l 1/1 vlg eVhfLdYM
rduhf'k; u VM ea 3 egk dk çf'k{k.k fn; k
tk, xkA çf'k{k.k mi j klr ykHkKfFkZ ka dksfnYyh
, ul hvkj o LFkkuh; Lrj ij vPNsekl d
oru dh uk d jh Hkh eggS k djkbz tk, xhA
ykHkKfFkZ ka dks jkst xkj ij yxus ds ckn
i gysnk egk rd , d&, d g tk #i ; sdh
vkfFkd l gk; rk jkf'k Hkh çnku dh tk, xh
ft l l sykHkKfFkZ ka dks jkst xkj djuseafdl h
çdkj dh l eL; k mRi lu uk gkA



ełdjka Cy,d ea vk; kstr tlx: drk dæ ea xteh.kka dks
tlx: d djrs i fj ; kst uk l ello ; d ger røj

ełdjka Cy,d ea vkt hfodk 1/fo'kSk
i fj ; kst uk 1/2 ds' kHkKfFkZ ij [k.M fodkl
vf/kdkjh Jh Jo.k fl g rkej us [kq kh
tkfgj djrs gg dgk fd bl ; kst uk dk
ykHk fuf'pr : i l schi h, y ykxka dks
feyskA ; kst uk ds fØ; kUo; u ij vjkg
QkmMS ku dks Hkh Cy,d ea dk; l 'kq
djus ds fy, c/kbz nhA

jksxkj dS dk vk; k\$u

Vhdex<+ vlg gehjij ea jkstxkj dS vk; k\$tr

60 ykHkKFkZ, ka dks feyk jkstxkj

Vhdex<+ vjkjg&vktfhodk 1/fo'k\$sk i fj; kstuk1/2 cf'k{k.k d\$e l s cf'k{k.k ckr vkb/hbz l cp dsykHkKFkZ ka dks jkstxkj fnykus ds fy, 17 vlg 26 vcsy dks jkstxkj dS yxk; k x; kA ykHkKFkZ ka dks LFkuh; Lrj ij jkstxkj cnu djus ds fy, fgnlrku ; uhfyoj ckbv/ fyfeVM vlg t; fdl ku l puk d\$e }kjk l k{kRdkj vk; k\$tr fd; k x; kA fgnlrku ; uhfyoj dh rjQ l s

l k{kRdkj yus vk, Jh fjrsk if=dkj 1/4h, l vlg , p; w y1/2 us l k{kRdkj ds vk/kj ij 10 ykHkKFkZ ka dks p; u fd; k vlg mlga uk\$dh dk v, Qj y1/2 Hkh cLr fd; kA 26 vcsy dks vk; k\$tr dS ea t; fdl ku l puk d\$e ds fy, d l a kst d vf/kdkjh vuglx t\$u us vkb/hbz l VM ea cf'k{k.k ckr 25 ykHkKFkZ ka dks l k{kRdkj yd j dEl; wj v, ij1/2 in ds fy, p; u fd; kA

gehjij fLFkr vjkjg&vktfhodk cf'k{k.k d\$e l s fjVsy VM ea cf'k{k.k ckr 25 ykHkKFkZ ka dks LFkuh; Lrj ij vPNs ekf l oru ij jkstxkj egs k djkbz xba



Vhdex<+ d\$e ij fgnlrku ; uhfyoj ckbv/ fyfeVM }kjk vk; k\$tr l y eM dS

cgrj dk; Zdsfy, dk; Zkyk dk vk; k\$u

vjkjg QkmM\$ku }kjk cnsy [kM ds gehjij] tkyk\$u >ka h] yfyri g] Vhdex<-} Nrjij] l kj o nkekg ftys ea pyk, tk jgs vktfhodk 1/fo'k\$sk i fj; kstuk1/2 ds fy, dk; }r l Hkh ftyka l sdepkj; ka dh , d cBd cgykbzxbA 20 vcsy dks vk; k\$tr bl cBd ea l Hkh ftycsdsk; ka ij cdk'k Mkyk x; kA bl

cBd dk; D\$e dk eq; mif; l Hkh ftyka ds y{; vlg ml dh mi yfc/k; ka ij ppkZ djuk FkA fi Nysekj vk; k\$tr dk; Zkyk eafn, x, y{; vlg ml dh mi yfc/k; ka dh l eh{k djrsgq i fj; kstuk vf/kdkjh f'kyi k t\$u] i fj; kstuk l ello; d 'orsk ckg dj us ftyokj fLFkr tkuus dh dks'k'k dhA fi Nysekj l Hkh ftyka l svk, fji k\$Z vlg dk; ka ds vk/kj ij l eh{k dh xbft l ea gehjij d\$e dks l oZ\$B dk; Z djus ds fy, igL-r Hkh fd; k x; kA



vjkjg eq; ky; ij vk; k\$tr l eh{k cBd

ehfM; k ea vjkjg&vktfhodk 1/fo'k\$sk i fj; kstuk1/2





ešgehji j vjkg QkmMŠ ku Vhe dk /ku; okn Kkfi r djuk pğrğ gñ ftl dh otg l svkt ešviusrFkk vi usifjokj dk Hkj .k&i ksk.k dj l drh gñ gehji j Vhe us ešs Jh jkeukjk; .k f'k{k fudru fo |ky; ea dEl; Wj f'k{k{dk ds: i eafu; eš dj; kA ; gñal sešs gj ekg 4500 #i ; sfeyrk gñ



fo/kq l plu
vjkg&vkt hfodk] gehji j



ejk uke ujñe gñ ejsfir k dk uke deyk vfgjokj o ekrk dk uke gjh ckbz gñ ešxte vuxkš] Fkkuk xyxat] rgl hy fotkoj] ftyk& Nrji j dk jgusokyk gñ gekjsikl Nkš/h l h ckmñ gšyřdu gekjsifjokj dk ml l s[kpžugh py ikrk gñ ejsfir k th vš ekrk th nksuka ykx etnñh djds ?kj dk [kpžpykrsgñ ešh ekrk th dh rfc; r T; knkrj [kjc jgrh gšbl fy, fir k dh dekbz dk i š k T; knkrj ?kj vkusdh ctk, M,DVj dsikl pyk tkrk gšftl dkj .k ?kj dh flFkr vš fcxM+xbz gñ eš 12ohard dh i <kbz vi usxñ dsikl Ldny l si jk fd; k gñ ešvuxkš ds, d Nkš/l si jk eajgrk gñ xjhch dsdkj .k ešvuxsdh i <kbz can dj nh D; kñd ešh i <kbz dk [kpž ešs ?kjokysughamBk ik jgsFla ešch, - djuk pğrğ Fkk yřdu vkrFkd flFkr dks n[krsgg ešs [kn gh i <kbz Nkšus dk fu'p; fd; kA ešs vi usfe= ds tfj, vjkg&vkt hfodk %fo'ksk i fj; kst uk%z çf'k{k.k dñe dsckjsear k pykA ; gñal sešd; Wj] bñxy'k vš 0; fäRo fodkl dk çf'k{k.k ys jgk gñ ešsi jk fo'okl gšfd eš; gñal çf'k{k.k çkñr djusdsmi jkñr ukñdjh çkñr d: aka



ujññz vfgjokj
ykhkFñz vjkg&vkt hfodk
Nrji j

ejk uke jtuh jkBs gñ ešfyri j dh jgusokyk gñ ejsfir k th dk uke Jh t; jke jkBs vš ekrk th dk uke ehjk jkBs gñ ešs ?kj ea 7 l nL; gñ ejsfir k th [krh djrgñ fir k dh [krh dsmi j ?kj dk i jk [kpžpyrk gñ ešhkkbzHh dekrsgšyřdu og ?kj [kpž eadkbz l g; kx ugha djrsftl dkj .k ?kj dh flFkr cğr [kjc jgrh gñ



jtuh jkBs
ykhkFñz vjkg&vkt hfodk
fyri j

ešsb. VjehñM, V rd i <kbz dh gñ ejsfir k th usešsetnñh djds i <k; k gñ ešvuxs i <kbz djuk pğrğ gñ yřdu ?kj dh vkrFkd flFkr n; uh; gñus dsdkj .k ešvuxs ugha i <l drñA fir k th i j i fjokj dk i jk cš gñus dsdkj .k ešh ekagj oä i j škku vš jkrh jgrh gñ bl dkj .k eš; g l kprh gñfd tc rd ešs ?kj dh flFkr l gh ugha gšx rc rd ešvi uh 'kñh ugha d: aħA vi us ?kj dh gkyr nškdj ešHh ukñdjh djuk pğrğ gñ exj vol j dh ryk'k ea ešj kst kuk v[kckj ea ukñdjh <ñrh jgrh gñ , d fñu ešsvkjkg&vkt hfodk fu%kñd çf'k{k.k dñe dsckjseav [kckj dsek/; e l si rk pykA ešogkai j l Ei dZ djds ; kst uk dsckjsear tkudkñh çkñr dh vš vi uk nkf[kyk djok; kA çf'k{k.k dñe i j Vñuax ds l kFk gh ukñdjh dsfy, Hh ekñh'ku fd; k tkrk gñ ešsmEhn gšfd eš; gñal çf'k{k.k yusdsckn , d fñu vi usi jkai j [kñk gñkdj vi usek&ckk dk l g; kx d: aħA



I Hh xke ç/ku] chMhvKšMhvKjMh,] vš l Eekuuh; vf/kdkfj; kñ suosu gšd bl dk; Øe dsrgr vki gekjk i jk l g; kx dñe ftl l sge bl ; kst uk dk ykh l gh vš t: jren ykñard i gñk l dñ /ku; okn!

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