

RISE

Remedial Innovation in School Education

RISE activities are based on a holistic child development model that seeks to simultaneously address key aspects of a child's life - Psychological, physical, intellectual, emotional, and relational. Through this model, children gain skills and opportunities to interrupt the cycle of poverty, dream about their futures, and experience life in tangible ways. RISE also strives to promote all round development of every participant of the programme. Addressing the well-being of children, families and community, who come in contact with RISE, often require integration with other service systems and restructuring of programs and services to better address social, emotional, and behavioral functioning.

Through various interventions like capacity building through art and craft, music workshops, singing & dancing platforms, awareness drives, through legal and health counseling, etc., communities are being woken up about critical social, communal, health and hygiene issues. Parental counseling are being held and simultaneously children are being trained to deal with difficult life situations in the most effective manner.

An integrated, holistic approach to teaching and learning at RISE focuses on connections to the natural world. Educators foster children's capacity to understand and respect the nature and environment, and the interdependence between people, plants, animals and the land. Respect for fellow lives is inculcated and sense of responsibility is developed.

RISE approach to teaching and learning recognize the connectedness of child, family and community. Educators pay attention to children's physical, personal, social, emotional and spiritual wellbeing as well as cognitive aspects of learning. Teaching learning at RISE is seen as a social activity and value collaborative learning and community participation.



RISE Educators - The Backbone of the Programme



500 children at RISE are taken care of by the educators in their 10 centres. We are putting hard work to craft 500 lives in the finest way but the tools of crafts are handed over in the hands of our 10 deserving educators. We at RISE make sure that along with the children, these educators also are exposed to various learning experiences. From yoga classes to various laws in Indian constitution, AROH keeps RISE educators engaged in various capacity building sessions. One of the core sessions in the capacity building is monthly TOTs. The aim of these TOTs is to ensure that we give enough food for thought and delivery before every post based learning (PBL) curriculum to the educators. The concepts are cleared, the modus operandi of teaching and delivery is taught and communication between the Educator and children should be very clear. She needs to have knowledge of practical down to the grass root. She should not be a mute speaker just to say do this, do that but capable to guide the children.

Every month training of educators is conducted by a master trainer then we ensure educator learn the training schedule with an honest intention that both trainees and organization benefits.

Educators are trained to establish a good relation with the students and for the same purpose they are also made to interact with parents & community people too. All



educators are trained with immense patience to deal with the students as every person has a different capacity of grasping what is being taught especially in such extreme circumstances. To make students understand in detail, educators are trained to narrate some stories, facts, incidences to make the matter more realistic. Educators provide the special emotional touch as they are dealing with special children of extreme circumstances and struggles.

Monthly TOT session was held in July to ensure proper outcomes. Also educators were prepared to go for some fresh enrollments as some of the students had dropped out.

Mobilization, community visits, parents interaction, new PBL, issues/grievances sorting were agendas of the TOT.



Records on June months' progress were taken, which according to the educators were mostly revision, mainly English revision because the number of students was less due to vacation time. Curriculum for the next month was discussed and was told to the educators to improve the English writing skills of students.

Extensive interactive sessions are conducted, where suggestions, issues and updates are delivered from the end of educators and Team AROH management.

The monthly capacity building workshops for the trainers serve as a monitoring mechanism for the project.



Educators are the backbone of RISE initiative. Their continuous, tireless and dedicated work has given RISE its strong existence in the community and beyond. Sangam Vihar knows where RISE centers are running, RISE educators are well known faces of the community and groomed and active students are promotional banners of RISE.

Not in the classrooms, Educators have prominent existence in the fields and community too. Apart from children, these educators take stand against women crimes, domestic cases and have a say in community counseling too. Capacity building sessions like POCSO awareness sessions, Life skill sessions, exposure visits to various places have groomed the activists in these 10 educators. AROH Management has treated these educators as tools to spread education and awareness through medium of students.

One such session of extempore speech and debate was conducted on 15th July 2017, where the aim was to raise high the volume of their opinions. The discussions was about listening views of educators on various social issues like domestic violence, child abuse and labor laws.

A live case of domestic violence with a maid was brought along with the victim, and constructive suggestions-solution round was done. Each educator was asked to counsel the maid and the same was further guided upon and groomed by the experts from management. The growth in the personality has been remarkable and the urge to learn and deliver has made this brigade full of confidence and strength.

Apart from capacity building, regular monitoring and troubleshooting sessions were also conducted by the management team. Educators are called up with issues, suggestions and monthly analysis report of students to check growth of centers. Centers performing low are encouraged and motivated.

Internal monitoring of every child was advice; tie-up with schools and local bodies for extra co curricular activities was guided. We as a team feel proud of our educator and fall with extreme confidence that 500 lives are in safe hands to be carved for a better future.



Imparting Life Skills to RISE Kids

Life skills are important because they give children, their parents & educators more control to improve their lives. RISE wants life skills learning to work and have an impact on the behavior and choices made by children and educators. In many other countries, some of these Life Skills are embedded in the Primary and Secondary school curriculum.

Growing child, a vital stage of growth and development, marks the period of transition from childhood to adulthood. It is characterized by rapid physiological changes and psychosocial maturation. Growing child is also the stage when young people extend their relationships beyond parents and family and are intensely influenced by their peers and the outside world in general. As adolescents mature cognitively, their mental process becomes more analytical. They are now capable of abstract thinking, better articulation and of developing an independent ideology. These are truly the years of creativity, idealism, buoyancy and a spirit of adventure. But these are also the years of experimentation and risk-taking, of giving in to negative peer pressure, of taking uninformed

Life skills enable children to deal with the demands and challenges of everyday life more effectively as they also develop new ways of thinking and problem solving. Life skills sessions were conducted by Ms Hemlata, Project Coordinator of RISE. More than 100 children participated in the workshop dealing with following topics:

Developing an Identity

- Self – awareness helps children understand themselves and establish their personal identity.
- Lack of information and skills prevent them from effectively exploring their potential.

Managing Emotions

- Children have frequent mood changes reflecting feelings of anger, sadness, happiness, fear, shame, guilt, and love.
- They do not have a supportive environment in order to share their concerns with others. Counseling facilities are not available.

Building Relationships

- As a part of growing up, children redefine their relationships with parents, peers and members of the opposite sex.
- Children need social skills for building positive and healthy relationships with others including peer of opposite sex.

Resisting Peer Pressure

- Children find it difficult to resist peer pressure. Some of them may yield to these pressures and engage in experimentation.
- Aggressive self conduct; irresponsible behavior and substance abuse involve greater risks with regard to physical and mental health.

Communicating and negotiating safer life situations

- Resisting the vulnerability to drug abuse, violence and conflict with law or society

The session was very useful as they had learned about the importance of such skills and will inculcate them in their everyday life.

decisions on crucial issues, especially relating to their bodies and their sexuality. Growing child is thus a turning point in one's life, a period of increased potential but also one of greater vulnerability.

We as mentors of 500 children and educators, considered lifeskill sessions to be of prime importance in a self conscious state. These subjects living in the slum community are often are victims of physical, sexual & social abuses and are less exposed to the dimensions of retaliations and protest.

Last month in June, Educators were made aware about POCSO act through one of the expert from the field. Educators took home food for thought and delivered the same information to every child in RISE. Not just the RISE children, educators visited nearby schools to deliver the the content in schools and community. Now the next step was to introduce everyone to the types of abuses and how to sense and report it. Children in RISE are unfortunately born in circumstances where they are very often becoming subject to various abuses. In this early age, they can't even sense and report the same. Not just children but the females of the society, the clan which our educators represent are also vulnerable victims of such heinous crimes. And hence Sensitization towards such critical issue was very urgent.



Parental Counselling for Lasting Impact



Parents Teachers interactions are vital for overall development of the child. While Educators of RISE are experts in teaching, Parents are the expert on the child. They know what stimulates, bores and interests them, what they're good at and what they struggle with. They know your child's learning style and you also know if there are any other issues going on that might be affecting their learning at school. So ongoing communication with child's parents is essential to make sure they can tailor their approach to the child while in class.

Also it would be a half done task if parents are not involved to prepare a development model of the child or for that matter of the community which RISE is catering too. We take this opportunity while meeting with parents for word of mouth marketing for awareness drives which may be regarding Health, Hygiene or even WASH drives, related to education of harmony in community too.

The truth is, teachers and parents often see different aspects of a student's personality. Only by maintaining an open dialogue and comparing notes on the student's achievements or behavior can these perspectives be useful for both. When parents take advantage of parent-teacher conferences and other opportunities to speak with teachers, it often allows parents to learn of any challenges — academic or otherwise — their child might be having. By the same token, parents can let the teacher know of any special circumstances at home that might have some bearing on the student's performance or behavior.

Parents of course are made aware of the progress of the child, weaknesses are introduced and even individual attention is given to every household story in order to understand the psychological status of the child. Parents are also made aware about various interventions being introduced in RISE for children betterment like Health checkup, regular nutritional supply, Singing & dance platforms, where they are also explained in detail about various opportunities, benefits and asked for consent.

Let's face it; kids of RISE in such extreme conditions face a lot of pressure in school, in person, or in surviving in that Sangam Vihar Slum. So it becomes essentially critical that Management, parents and teachers work together to try and provide the best environment for learning and living, the child stands to benefit the most.

Wealth from Waste - RISE Kids Show the Way



Rakhi is just around the corner and sensing the enthusiasm in all RISE staff, management decided to have a workshop of making rakhis with the educators. RISE has two very talented educators namely Oli & Babita who are experts in turning wealth out of waste. In the past also both have created a lot of beautiful articles for display and sale. A two-day workshop was conducted for making Rakhis. And after these training sessions, educators imparted the skill to children in their centers and made beautiful Rakhis.

Here to promote the idea of sustainable living, management decided to use waste and discarded items to be used as raw materials. Children & Educators also tied up with local exporters to collect waste from them.

Around 500 beautiful & unique Rakhis were made within a very short span of 3 days. Every Rakhi was a thought in itself. We made sure these

Rakhis also don't go waste and after a minor quality check these Rakhis were packed and were sold at different locations at a nominal cost. Income generated from Rakhis

would be used for the benefit of children of RISE. The enthusiasm of all educators and children has risen up for next such assignment.



Rhymes and Rythme for RISE Children

In the modern world, Music has gained an honorable designation of 'HEALING WITHOUT MEDICINE'. Doctors feel that music therapy has been helping them in treating many people with problems like dementia, dyslexia, depression, under confidence and trauma. . Music has unlimited powers, is a well established fact. It has a soothing and healing power. Music helps us to relax. Just as the application of balm relieves our brain of its ache and tension, so music can relax the tense muscles of our body. The melodious notes of music have the capacity to cure the mental or physical fatigue of a weary person. Also music has miraculous powers for treating certain mental ailments such as anxiety, abnormal excitement or depression. It is also helpful for the treatment of insomnia. It has excellent exhilarating power.

RISE children belong to the social class which struggles to carry themselves from meal to survival. For the music can be a source of relaxation and creativity. Volunteers from Rhythmicity Music Academy, who have been engaged with RISE in the past, thought that these children with learning problem, poor grasping power and surviving in extreme conditions would be able to learn, and respond to set pieces of music. On 12 July 2017, five music experts in various musical verticals, namely Mr Mayank (Vocalist), Mr Anshul (Guitarist/ Tabla player), Mr Gagan (Drummer / Guitarist), Mr Tushant (Dancer/ Guitarist) & Ms Shireen organized a musical session along with RISE educators and children to boost their enthusiasm, moral and giving a musical therapy to everyone listening.



Management team has been organizing various life skill sessions for children and educators for past 2 months, where everyone is introduced to various patterns through which a content lifestyle can be developed. Musical session for the kids was a part of the same process. It can be compared to mother's love. Just as a child forgets everything and feels joy in mother's lap, in the same way we forget all

worries and anxieties in musical environment. Overall there was absolute tranquility and harmony, when the magical notes of music entered everyone's heart.

Such experiences are beyond words and can only be felt. The notes of music take the listener to the region of the unknown where there is only emotional ecstasy and transport him to a world of melody and sympathy.



Grooming Little Angels

Farheen is one of the oldest educators at RISE. She hails from Kanpur, Uttar Pradesh, but in search of better life and income her family had migrated to Delhi. She is a graduate from prestigious Delhi University. Coming from a conservative family, even after completion of her graduation, her family didn't allow Farheen to move out and earn. She was suffocating inside for not able to utilize her abilities. She came across RISE centers through a co educator. It was an opportunity standing on her doors. Not only she could satisfy her urge to do something fruitful in life but she got a chance to build another 50 lives under her guidance. Farheen is one sincere educator with extraordinary dedication towards her work. Children under her guidance also continuously give better results academically and in other activities too.

"After joining RISE project, I gained confidence and became self-content about my life. Not just salary and self dependency, but RISE and these children have given direction and motive to my life, for which I shall always thank AROH Foundation."

Khushi is an 11 year old studying in the 4th standard of a government school. She has three elder brothers who go to school as well as attend tuitions. Out of all the siblings, only Khushi was the one who does not attend tuitions. This was not very shocking for our educator as girls being kept deprived of education in poor slum family is quite common. At least Khushi was enrolled for basic school education. RISE Educator went to her father and convinced him about benefits of education and another income generating hand in a socio-economically struggling family. Now Khushi is enrolled and regular attending student of RISE. Like every other child she has been under strict progress surveillance. The Educator ensures that her marks stand on the promises she has made to her father. Just like her, many Khushis are waiting for the little push so that they can fly !



Agriculture Insurance Company of India Limited (AIC) was incorporated under the Indian Companies Act 1956 on 20th December, 2002 with an authorized share capital of INR 15 billion and paid up capital of INR 2 billion. AIC commenced business from 1st April, 2003. AIC has taken over the implementation of National Agricultural Insurance Scheme (NAIS) which, until FY 2002-03 was implemented by General Insurance Corporation of India. In addition, AIC also transacts other insurance businesses directly or indirectly concerning agriculture and its allied activities. AIC also works towards upliftment of marginalized sections of the society. Project RISE is CSR initiative of AIC which aims to provide better educational opportunities to underprivileged children.



AROH Foundation is a leading national-level NGO, strengthening government programmes and CSR initiatives of several corporates and PSEs by providing total integrated solutions - consulting, planning and implementing - for sustainable, inclusive development and growth of the needy and marginalised communities in several states of India for the past 12 years. AROH is an ISO 9001:2008 Certified organization, registered under Societies Registration Act, 1860.

RISE is a pioneering initiative designed by AROH Foundation, which recognizes the nation's concern of improvement of learning outcomes and universalisation of elementary education as of paramount importance, and strives to bring the deprived and marginalized or educationally backward children in backward villages and slums under the safety net of education through an innovative approach and Project-Based Learning Methodology.

